



Do you worry about how much someone drinks?
Has a problem drinker affected or is affecting your life?
You are not alone.
Al-Anon can help.

There are 2 meetings available in District 28

Mondays, 5:30pm at 3100 Piper Rd. Alpena (the Northeastern Alano Club)

Thursdays, 7p.m.at Immanuel Lutheran Church
351 Wilson St. Alpena, Mi.

Contact Diane R. 989-821-9601
[or alanon.org](http://alanon.org)

Suggested Preamble

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy; neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.